



Republic of the Philippines  
**Department of Education**  
Region V  
**SCHOOLS DIVISION OF SORSOGON**

March 17, 2025

**DIVISION MEMORANDUM**

No. 84, s. 2025

**DIVISION TRAINING WORKSHOP ON PSYCHOSOCIAL SCREENING AND ASSESSMENT USING HOME, EDUCATION, EATING, ACTIVITIES, DRUG, SEXUALITY, SUICIDE, SAFETY (HEEADSSS) TOOL**

To: Assistant Schools Division Superintendent  
Chiefs, SGOD and CID  
Public Schools District Supervisors / OIC – PSDSs  
Public Elementary and Secondary School Heads  
Division School Nurses and other Health Personnel  
Designated School Guidance Counselors  
All others concerned.

1. This Office through the Health and Nutrition Section will conduct a Two-Day Division Training Workshop on Psychosocial Screening and Assessment using Home, Education, Eating, Activities, Drug, Sexuality, Suicide, Safety (HEEADSSS) tool pursuant to RA No.10354, Responsible Parenthood and Reproductive Act on April 7-8, 2025 at Villa Isabel Hotel, Sorsogon City.
2. This activity aims to capacitate designated school Guidance Counselors and school nurses to manage and mitigate alarming adolescent health issues and promote resilience and coping skills among adolescent learners.
3. The participants in this activity is attached in Enclosure 1 of this memorandum.
4. Meals and training materials during the conduct of this activity shall be charged against Division ARH Fund. Travel and other incidental expenses incurred in this activity are chargeable to local funds/school MOOE subject to the usual accounting and auditing rules and regulations.
5. For information, guidance, and strict compliance of all concerned.

  
**JOSE L. DONCILLO, CESO V**  
Schools Division Superintendent 





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Attachment B

List of Participants for Day 1 - **April 7, 2025**

	NAME	SCHOOL	POSITION
1	Divina Torno	Mayon National High School	GC Designate
2	Ronalyn M. Lesano	Milagrosa National High School	GC Designate
3	Janet C. Lesano	Oras National High School	GC Designate
4	Jovencio F. Gaton Jr.	Pandan High School	GC Designate
5	Cherry N. Lagunsin	Quirapi Integrated School	GC Designate
6	Rona B. Molina	San Rafael High School	GC Designate
7	Alona Azueta	Bagong Sirang High School	GC Designate
8	Guadalyn L. Jardin	Buenavista Natinal High School	GC Designate
9	Evangeline L. Laroga	Castilla National High School	GC Designate
10	Elvira Lachica	Cumadcad National High School	GC Designate
11	Christine M. Adivino	Dinapa National High School	GC Designate
12	Merla Z. Torres	Macalaya High School	GC Designate
13	Cora Tolosa	Banuang Gurang National High School	GC Designate
14	Ma. Sandy E. Encinares	Cabugao National High School	GC Designate
15	Ma. Luisa De Leon	DNCHS-Sta Cruz Extension High School	GC Designate
16	Catherine L. Avito	Donsol National Comprehensive High School	GC I
17	Cherry Briones	Donsol Vocational High School	GC Designate
18	Nica Avisado	Donsol Vocational High School-Gimagaan	GC Designate
19	Danica Herrea	Donsol VHS- Gogon Annex	Gc Designate
20	Agnes A. Mortega	Bagatao National HS	GC Designate
21	Jeselyn H. Detecio	Bartolome G. Lee Sr. IS	GC Designate
22	Jamel John B. Villa	Biton High School	GC Designate
23	Cindy G. Listana	Caditaan National High School	GC Designate
24	Alita H. Banadera	Cagbolo National Vocational High School	GC Designate
25	Marlon A. Manago	Magallanes National High School	GC Designate
26	Rowena V. Golpo	Magallanes National Vocational High School	GC Designate
27	Agape G. Huidem	Pawik Integrated School	GC Designate
28	Aila Joy H. Arevalo	Pili National High School	GC Designate
29	Regina Cornelio	Siuton NHS	GC Designate
30	Dan Jorge Losito	Abucay NHS	GC Designate
31	Iziel S.Milagrosa	Bantayan National High School	GC Designate
32	Irish Barasi	Bayasong National High School	GC Designate
33	Geneva G. Bermas	Lungib National High School	GC Designate
34	Marilyn M. Acbo	Manuel T. Sia Memorial School	GC Designate
35	Keisha Marie C. Chavez	Palanas National High School	GC Designate



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36	Salve D. Alcantara	Pilar National Comprehensive High School	GC Designate
37	Julie A. Listana	Salvacion National High School	GC Designate
38	Joseph L. Magalona	San Rafael High School	GC Designate
39	Joyce Jasareno	Tingco National High School	GC Designate
40	Mary Rose B. Fabrigar	Casiguran Technical Vocational School	GC Designate
41	Desiree P. Llanera	Del Carmen Memorial High School	GC Designate
42	Eva E. Sibonga	San Juan High School	GC Designate
43	Randy G. Doctor	Biriran National High School	GC Designate
44	Daisy A. Holasco	Calateo Integrated School	GC Designate
45	Karen H. Nanoz	Guruyan High School	GC Designate
46	Marissa Galvan	Juban National High School	GC Designate
47	Cyril Victoria	Lajong National High School	GC Designate
48	Marilou Caballera	Olimpio A. Guarin Jr. National High School	GC Designate
49	Jimson Candelaria	Sablayan High School	GC Designate
50	Christine V. Deniega	SDO- Sorsogon	Nurse II
51	Jose C. Indiongco Jr.	SDO - Sorsogon	Nurse II
52	Girlye J. Salvatierra	SDO- Sorsogon	Nurse II
53	Elizabeth C. Tabuena	SDO - Sorsogon	Nurse II
54	Liezl C. Galit	SDO - Sorsogon	Nurse II
55	Vic Catherine G. Nebria	SDO - Sorsogon	Nurse II
56	Marie Karla T. Añonuevo	SDO - Sorsogon	Nurse II
57	Pauline Angelie Y. Cahilig	SDO - Sorsogon	Nurse II
58	Marie Cecille H. Detera	SDO - Sorsogon	Nurse II
59	Aristotle Abbie B. Escandor	SDO - Sorsogon	Nurse II
60	Glenn L. Ravanilla	SDO - Sorsogon	Nurse II
61	Armando E. Almodiel Jr.	SDO - Sorsogon	Nurse II
62	Vanessa D. Escobedo	SDO - Sorsogon	Nurse II
63	Rhea M. Baula	SDO - Sorsogon	Nurse II
64	Monica N. Zacarias	SDO - Sorsogon	Nurse II
65	Eleanor C. Latosa	SDO - Sorsogon	Nurse II
66	Evelyn T. Ermino	SDO - Sorsogon	Nurse II
67	Belardo G. Hadap Jr.	SDO - Sorsogon	Medical Officer III



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List of Participants for Day 2 - **April 8, 2025**

	NAME	SCHOOL	POSITION
1	Deborah Klin S. Ativo	Alergia Integrated School	GC Designate
2	Charito P. Bagares	Barcelona National Comprehensive High School	GC I
3	Angela S. Azore	Celso F. Falcotelo National High School	GC Designate
4	Erma A. Altavano	San Antonio National High School	GC Designate
5	Genalyn C. Oseo	Beguín National High School	GC Designate
6	Meilen D. Labalan	Bulan National High School	GC Designate
7	Chie A. Gutierrez	Butag School of Fisheries	GC Designate
8	Remmon J. Gime	Cadandanan National High School	GC Designate
9	Analyñ R. Melitante	Calpi Integrated School	GC Designate
10	Gemes Ryan L. Co	Calpi Integrated School	GC Designated
11	Naomi Gicaro	Faustino G. Glua High School	GC Designate
12	Nancy G. Ginete	Gate National High School	GC Designate
13	Jean T. Masujer	J.P. Laurel High School	GC Designate
14	Flor Socorro	Quezon National High School	GC Designate
15	Mary Jane G. Funa	San Francisco National High School	GC Designate
16	Lovely Jane G. Panganiban	San Isidro National High School	GC Designate
17	Joseph O. Gelio	San Juan Bago High School	GC Designate
18	Nida Fuaso	Buhang National High School	GC Designate
19	Sharon Bandola	Bulusan National High School	GC Designate
20	Jenell P. Paghubasan	San Roque National High School	GC Designate
21	Ma. Irene E. Pura	Bagacay National High School	GC Designate
22	Elizabeth Besid	Bentuco National High School	GC Designate
23	Ernest Renan Sarmiento	Bulacao National High School	GC Designate
24	Angelo M. Bongon	Gubat National High School	GC Designate
25	Roel Del Rosario	Jupi National High School	GC Designate
26	Ma. Judy Estavillo	Rizal National High School	GC Designate
27	Ma. Teresa G. Navarro	Batang Integrated School	GC Designate
28	Frederick G. Hagos	Gabao National High School	GC Designate
29	Ma. Theresa G. Pancho	Gallanosa National High School	GC III
30	Elmer Gamba	Irosin North National High School	GC Designate
31	Marivic Vidar	Patag Integrated School	GC Designate
32	Yolanda G. Macildo	Calintaan Integrated School	GC Designate
33	Ma. Luisa E. Ferrer	Culasi National High School	GC Designate
34	Frev E. Barbiran	Matnog National High School	GC II



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35	Catherine B. Lucillo	Sisigon Integrated School	GC Designate
36	Cristina Nares	Sua National High School	GC Designate
37	Julie- Ann S. Legaspi	Tiong Hen So Memorial High School	GC Designate
38	Edna D. Domasig	Calao National High School	GC Designate
39	Bernard D. Feolino	Manlabong National High School	GC Designate
40	Maricel Domalaon	Pto Diaz National High School	GC Designate
41	Arlene Huerto	San Rafael Integrated High School	GC Designate
42	Flordeliz F. Fulgar	Santa Magdalena National High School	GC Designate
43	Ceres F. Furio	Talaonga National High School	GC III
44	Mary Jocylene G. Ardales	SDO - Sorsogon	Nurse II
45	Marife A. Cadag	SDO - Sorsogon	Nurse II
46	Carlo A. Digo	SDO - Sorsogon	Nurse II
47	Cherry G. Gestuada	SDO - Sorsogon	Nurse II
48	Gemma S. Inzon	SDO - Sorsogon	Nurse II
49	Sheila Maria G. Morada	SDO- Sorsogon	Nurse II
50	Eleanor G. Franche	SDO - Sorsogon	Nurse II
51	Michael Angelo H. Nañoz	SDO - Sorsogon	Nurse II
52	Monica N. Zacarias	SDO - Sorsogon	Nurse II
53	Aristotle Abbie B. Escandor	SDO - Sorsogon	Nurse II
54	Eleanor C. Latosa	SDO - Sorsogon	Nurse II
55	Glenn L. Ravanilla	SDO - Sorsogon	Nurse II
56	Rhea M. Baula	SDO - Sorsogon	Nurse II
57	Vanessa D. Escobedo	SDO - Sorsogon	Nurse II
58	Evelyn T. Ermino	SDO - Sorsogon	Nurse II
59	Teresa Pamela P. Angeles	SDO-Sorsogon	Nurse II
60	Belardo G. Hadap Jr.	SDO - Sorsogon	Medical Officer III



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